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SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ON

COURSE OUTLINE

Introduction to Psychology
COURSE TITLE:

PSY 102-3 One
CODE NO.: SEMESTER:

Nursing
PROGRAM:

September, 19 90
DATE:

Gerry Page, Room E473, Ext. 555
AUTHOR:

APPROVED: _____
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INTRODUCTION TO PSYCHOLOGY:

PSY 102-3

Course Name

COURSE DESCRIPTION:

A study of the science of psychology; its methods, concept and theories, including the topic areas of.-(1) brain, consciousness and perceptual processes,- (2) intelligence, learning and memory; (3) motivation and emotion. Psychological concepts will be studied with a view towards how they can be applied to enhance the student's understanding of psychological adaption and the causes and consequences of human behaviour.

COURSE GOALS: To develop a basic understanding of.-

- 1) the science of psychology; its methods, concepts and theories
- 2) the human brain, consciousness and perceptual processes
- 3) the basic principles of human learning, and memory.
- 4) the basic concepts and theories of language, thought, and •intelligence, motivation and emotion.
- 5) how psychological concepts and theories can be applied toward enhancing our understanding of the causes and consequences of human behaviour.

Note: Students should also refer to the course text's accompanying "study guide" for more specific learning objectives, related to each topic area covered in the course.

Texts:

- 1.) Introduction to Psychology
2nd edition, 1989.
Rod Plotnik
- 2.) Student Organizer And Self Testing Book
Gary Poole, Rod Plotnik

NOTE: Additional readings and student viewings of audio-visual materials will be assigned during the course, at the discretion of the instructor. The exact dates of test referred to in the "Syllabus" section will be announced in class. Students will also be responsible for understanding audio-visual material, lecture and class discussion materials presented during the course.

SYLLABUS

CHAPTER 1: DISCOVERING PSYCHOLOGY

Module 1 "Approaches to Understanding Behaviour"

Module 2 "Asking, Observing, and Correlating"

Module 3 "Determining What Causes Behaviour"

CHAPTER 2: BIOLOGICAL BASIS OF BEHAVIOUR

Module 5 "The Nervous System"

Module 6 "Brain Function, Damage, and Recovery"

CHAPTER 4: PERCEPTION

Module 10 "Perceiving the World Around Us"

Module 11 "Interaction of Heredity and Learning"

Module 12 "Thresholds, Subliminal Perception, and ESP"

CHAPTER 5: STATES OF AWARENESS

Module 13 "Consciousness, Sleep, and Dreams"

Module 14 "Hypnosis"

Module 15 "Drugs and Awareness"

CHAPTER 6: LEARNING

Module 16 "Classical Conditioning"

Module 17 "Operant Conditioning and Observational Learning"

CHAPTER 7: REMEMBERING AND FORGETTING

Module 18 "Three Kinds of Memory"

Module 19 "Retrieving and Forgetting"

CHAPTER 8: INTELLIGENCE

Module 20 "Intelligence"

Module 21 "Thought"

Module 22 "Language"

CHAPTER 9: MOTIVATION

Module 23 "Theories of Motivation"

Module 24 "Hunger, Achievement, and Intrinsic Motivation"

Module 25 "Emotion"

INSTRUCTIONAL METHODOLOGY;

Student learning will be facilitated by lectures, class discussions, and visual presentations.

ASSIGNMENT: RELAXATION PROJECT:

A.) Each student will produce their own 20 minute relaxation tape recording by September 28, 1990. (See Chapter 14 RE: STRESS)

B.) Students will be required to practice their relaxation training no less than THREE times per week (preferrably more) for the entire semester. Students will also be required to keep a log of when relaxation sessions begin and end, as well as, take their radial pulse prior to and after each relaxation session.

C.) Students must bring their logs to Psy 102 class and be prepared to hand them in when requested. Failure to do so will result in a loss of 10 points per request. Failure to complete logs accurately will also result in a loss of 10 points per request,

EVALUATION:

Students will be responsible for regular attendance and class participation in all areas of the course as outlined for all readings and tests as requested. The course content and evaluation can be modified at the discretion of the instructor.

THE FINAL COURSE GRADE WILL BE DETERMINED AS FOLLOWS:

Tests (4 X 50 points).....	200 points
Relaxation project.....	20 points
(Bonus Points).....	maximum 15 points for perfect attendance.
	maximum 10 points for 1 class absence
	maximum 5 points for 2 class absences
	0 points for 3 or more absences.

A grade of A+, A, B, C, or R will be awarded upon completion of all the course, in accordance with the grading policy of Sault College; i.e.

- A+ - 198 to 220 points
- A - 176 to 197 points
- B - 154 to 175 points
- C = 132 to 153 points
- R = less than 132 points

FINAL NOTE: IF A STUDENT IS UNABLE TO MAKE A TEST DUE TO A SERIOUS ILLNESS OR INCIDENT, S/HE IS OBLIGATED TO CONTACT THE INSTRUCTOR IN PERSON OR IN WRITING 24 HOURS "PRIOR" TO THE TEST TIME. THE INSTRUCTOR MAY MAKE A DETERMINATION AS TO WHETHER THE STUDENT CAN WRITE THE TEST AT A LATER TIME. IF THE STUDENT CANNOT MAKE CONTACT WITH THE INSTRUCTOR THEY ARE TO CALL 759-6774, EXTENSION 669 OR 515 AND LEAVE A MESSAGE WITH THE SECRETARY. FAILURE TO PROVIDE THE INSTRUCTOR WITH NOTIFICATION WILL RESULT IN A "0" GRADE.

UPON RETURNING TO THE COLLEGE i.e. (first day back) THE STUDENT WILL IMMEDIATELY CONTACT THE INSTRUCTOR TO MAKE ARRANGEMENTS FOR TESTING.